$\qquad$ Date: $\qquad$

## Discover the Math

Heart Rate Activity

1. Measure your pulse.
a) Count and record your heart rate for 1 min . $\qquad$
b) How many times does your heart beat in:
one hour?
one day?
$\qquad$
one year?
$\qquad$
$\qquad$
c) How can you express your answers in part b) in a more compact way?
$\qquad$
$\qquad$
d) You can round the hummingbird's yearly number of heartbeats to 700000000 and write it as a product of a power of 10 .

The number of yearly heartbeats can be expressed as $4.0 \times$ $\qquad$ .
e) The hummingbird's yearly heartbeats can also be thought of as 7 groups of
$\qquad$ or 7 groups of one hundred $\qquad$ .
f) Write the number of times your heart beats in a year as a product of a power of 10 .

